

## CURRICULUM VITAE

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**Place of Birth:** Sumter, SC

### Education:

1989 BS, Biology  
South Carolina State College  
Orangeburg, SC

1995 MD  
Case Western Reserve University School of Medicine  
Cleveland, OH

### Postdoctoral Training:

1995-1998 Residency in General Psychiatry  
Medical University of South Carolina  
Charleston, SC

1998-2000 Fellowship in Child and Adolescent Psychiatry  
The Cambridge Hospital  
Cambridge, MA

### Faculty Academic Appointments:

1998-2000 Clinical Fellow in Psychiatry, Harvard Medical School  
2000-present Instructor in Psychiatry, Harvard Medical School

**Appointments at Hospitals/Affiliated Institutions:**

2000-present Active Staff, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance

**Other Professional Positions:**

2003-present Advisory Board Member  
Center for Family Connections, Cambridge, MA  
2005-2008 Board Member  
Development and Commercialization Data Safety Monitoring  
Otsuka Pharmaceutical, Bethesda, MD  
2012-present Data Monitoring Committee Member  
Merck Research Laboratories

**Major Administrative Leadership Positions:**

2002-2004 Associate Director of Training, Child and Adolescent Psychiatry  
Fellowship Program, Cambridge Health Alliance  
2004-present Director of Community Minority Affairs, Department of Psychiatry,  
Cambridge Health Alliance  
2009-2013 Medical Director, The Child Development and Education Center, The  
Counseling Center, Medford, MA

**Committee Service:**

Cambridge Health Alliance

2001-present Member, Diversity Task Force, Department of Psychiatry  
2004 Member, Zero Disparities Advisory Board  
2004-2009 Healthy Children Taskforce, Institute of Community Health  
2004-2008 Steering Committee for Children's Mental Health, Institute of Community Health,  
Cambridge Public Health Department  
2004 Leston Havens Excellence in Teaching Award Committee, Cambridge Health  
Alliance  
2009-2010 Professional Development Committee, Cambridge Health Alliance

Harvard Medical School

2004 Harvard Medical School Psychiatry Interest Group Committee  
2005-2006 Harvard Medical School Student Faculty Mentorship Program  
2005-2010 Reflections in Action Planning Committee, Office of Diversity, Harvard Medical  
School  
2006-2008 HMS Black Health Organization Mentorship Program

Meena Singh HMS Class 2007 Mentee  
Obianuju Obi HMS Class of 2010 Mentee  
2008-present Member, Multicultural Fellows Committee  
2010 Faculty Committee for Community Service

**Professional Societies:**

2000- Member, Massachusetts Medical Society  
2000- Member, American Psychiatric Association  
2001- Member, American Academy of Child and Adolescent Psychiatry  
2009- Member, National Medical Association

**Honors and Prizes:**

1995-1996 Mini-Fellow, Program for Minority Research Training Psychiatry American  
Psychiatric Association  
1996-1997 Circle of Excellence Award for Excellence in Teaching in the Psychiatry  
Clerkship, Medical University of South Carolina  
1997-1998 American Psychiatric Association/Zeneca Pharmaceutical Fellow  
1999-2000 American Psychoanalytical Association Fellow  
2006-2007 Cultural Competency Fellow, Health Research and Educational Trust  
2010 Cynthia Kettle Teaching Award Nominee, Harvard Medical School  
2011 Alfred Margulies Medical Student Teaching Award, Department of Psychiatry,  
Cambridge Health Alliance

**Report of Local Teaching and Training**

**Teaching of Students in Courses:**

Harvard Medical School

2007 Practice in Community Psychiatry  
Health Careers Speaker  
  
2001-present Introduction to Child and Adolescent Psychiatry  
Third-Year Clerkship  
1.5 hours/week, year long  
  
2010 Discussion on Cultural Psychiatry  
HMS Psychiatry Student Interest Group  
1 hour lecture

**Formal Teaching of Residents, Clinical Fellows, and Research Fellows (post-docs):**

Cambridge Health Alliance

- 2003 Adolescent Development in Minority Children  
PGY-3 Psychiatry Residents  
1 hour lecture
- 2005-present Culture and Society  
Child Psychiatry Second-Year Fellows  
1.5 hours/week, three-week summer course
- 2006 Assessments in Child and Adolescent Psychiatry  
Adult Psychiatry Residents  
1 hour lecture
- 2008 African American Youth Assessments in Psychiatry  
Adult Psychiatry Residents  
1 hour lecture
- 2009 Practice in Community Psychiatry  
Transition to Practice Seminar  
Child and Adolescent Psychiatry Training Program  
Child Psychiatry Second-Year Fellows  
1.5 hour lecture

**Clinical Supervisory and Training Responsibilities:**

- 2000-present Ongoing supervision and teaching of Child Psychiatry Fellows and Psychiatry Residents in psychotherapy and psychopharmacology, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance. Up to three fellows/residents and junior staff per year as assigned.
- 2005-present Group supervision of Social Work Clinicians, The Home for Little Wanderers.  
One hour, bi-weekly

**Formally Supervised Trainees**

Selected List of Trainees (not all inclusive)

- 2002-2003 Nora Thompson, Psychology Intern  
2003-2004 Andrea Gurney, Psychology Intern  
2004-2005 Daida Griffin, Psychiatry Resident  
2005-2006 Aruna Rao, Child Psychiatry Fellow  
2006-2007 Tyrone Williams, Psychiatry Resident  
2008-2009 David Lovas, Psychiatry Resident  
Rhenilia Fernandes, Psychiatry Resident  
Tyrone Williams, Child Psychiatry Fellow  
2009-2010 Sarah Vinson, Psychiatry Resident  
Candace Adair, Child Psychiatry Fellow

2011-2012 Vandai Le, Psychiatry Resident  
2012-2013 Tauheed Zaman, Psychiatry Resident

**Formal Teaching of Peers (e.g., CME and other continuing education courses):**

2004 Working with Families and Children Around School Crises. School Consultation Conference  
Single Presentation  
Boston, MA  
Sponsor: Harvard Medical School

2005 Multicultural Aspects of Psychopharmacologic Treatment  
Single Presentation  
Boston, MA  
Sponsor: Harvard Medical School

2008 School Consultation Conference  
Moderator  
Boston, MA  
Sponsor: Harvard Medical School

**Local Invited Presentations – No Sponsorship:**

2004 Community Theories of Mental Health Care. Psychiatry Grand Rounds, Cambridge Health Alliance.

2007 Age of Terror: Aggressive Behavior in Children and Adolescents. Black History Program, Cambridge Health Alliance

**Report of Regional, National, and International Invited Teaching and Presentations**

Regional

2004 Psychopharmacologic Management in Minority Children. Mental Health Service Programs for Youth. Boston, MA

2006 Keynote Speaker: Removing the Stigma of Mental Health in Minority Communities. Students National Medical Association Regional VII Conference, Boston, MA

2008 Psychopharmacologic Management in Minority Children. Mental Health Service Programs for Youth. Medford, MA

2008 Panel Presentation: Paving the Way to Healthcare Access Conference. U. Mass Medical School, Worcester, MA

2009 Disparity in Loss Among African Americans. Knowledge Globalization Institute, Annual Conference. Suffolk University. Boston, MA

2009 Importance of Diagnosis in Systems of Care. Professional Development Series.  
Mental Health Service Programs for Youth. Neighborhood Health Plan

National

2003 Bipolar Disorder in Children. National Social Worker Conference, Holyoke, MA

**Report of Clinical Activities and Innovations**

**Current Licensure and Certification:**

1998-2013 Massachusetts Medical License  
Diplomate of the American Board of Psychiatry and Neurology, Inc, a member of  
Board of the American Board of Medical Specialties

**Practice Activities:**

1998-2003 Doctor on Call, Hallmark Medical Center, Malden, MA  
Weekend Moonlighter

1998-2004 Doctor on Call, Advocates Counseling Services, Framingham, MA  
Weekend Moonlighter

2000-2002 Attending Child Psychiatrist, Child Assessment  
Cambridge Health Alliance, Cambridge, MA  
Full Time

2002-present Outpatient Child Psychiatrist, General Outpatient Clinic  
Cambridge Health Alliance, Cambridge, MA  
25 hours/week

2002-present Outpatient Child Psychiatrist, School Consultation Program  
Cambridge Health Alliance, Cambridge, MA

2002-2007 Child Psychiatry School Consultant  
Cambridge Public Schools  
6 hours/week

2002-present Child Psychiatry School Consultant  
Malden Public Schools  
5 hours/week

2003-2006 Child Psychiatry School Consultant  
Chelsea School Collaborative  
3 hours/week

2008-present Child Psychiatry School Consultant  
Dearborn Academy  
8 hours/week

- 2006-2009 Child Psychiatry Consultant, Mental Health Service Program for Youth (MHSPY). Somerville and Malden  
15 hours/week
- 2009-present Medical Director, The Child Development and Education Center, The Counseling Center, Medford, MA  
Administrative position with up to 6 hours/week average of direct clinical care
- 2009-present Private Practice of Adult and Child/Adolescent Psychiatry  
Brookline and Milton, MA

## **Report of Education of Patients and Service to the Community**

### **Activities:**

#### Memberships

- 2003-2006 Hoops n' Health Mental Health Community Awareness Event Coordinator, Cambridge, MA Institute of Community Health, Summer
- 2004 Member, Mayor's Suicide Taskforce City of Somerville, MA, Mayor Joseph Curtatone
- 2005 Member, Community Assessment Committee, Department of Public Health, City of Cambridge, MA, Mayor Michael A Sullivan, Director of Public Health Harold Cox
- 2006 Member, Mayor's Community Violence Committee, Cambridge, MA, Mayor Kenneth Reeves
- 2008 Member, Mayor's Girls Leadership Program Committee, Cambridge, MA, Mayor Denise Simmons
- 2009 Member, Mayor's Taking Action on Race and Class Mayor Denise Simmons
- 2010 Community Presentation related to Sexual Assault and Arrest of School Employee, City of Cambridge, MA
- 2010 Member, Joint Committee for Children's Healthcare in Everett

#### Presentations

- 2010 Keynote Speaker. Affirming Life: Suicide Prevention and Intervention Among People of Color. 11<sup>th</sup> Annual National Association of People of Color Against Suicide Conference. Cambridge, MA
- 2010 Television Appearance: WHDH Urban Update. Discussion of Suicide in African American Community in affiliation with the National Association of People of Color Against Suicide Conference. Boston, MA
- 2011 Panel Presentation: Changing Personal Habits: Motivating Change in Ourselves and Out Families. Community Conversations, Cambridge, MA
- 2013 Panel Presentation: Harvard Health Equity and Leadership Conference. Harvard School of Public Health. Boston, MA

### **Educational Material for Patients and the Lay Community:**

Article

**Johnson, X**, Suicide in African Americans, Questions and Answers. The Bay State Banner. Be Health. July 2010, Vol. 4, No. 11, Boston, MA.

**Report of Scholarship**

**Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings:**

2009 **Johnson, X** and Vieux,U. Addressing the BioPsychoSocial Needs of Historically Marginalized Youth Through Teaching (poster). Presented at National Medical Association Conference. July 2009

**Narrative Report**

I am a practicing pediatric psychiatrist with the Cambridge Health Alliance hospital system. I have special interest in community psychiatry and the advantages that education, access, and creative therapeutic modalities offer toward improved healthcare for disadvantaged psychiatric patients. In my role as the Director of Community Minority Affairs I orchestrated the adoption of a community-based program which increased awareness of and access to mental health services, called Reaching Out About Depression into the hospital system. This program is now in its ninth year empowering low income women in their movement back to health and aiding them in managing the consequences of depression. I spend fifteen percent of my time dedicated to teaching, eighty percent of my time spent in direct clinical service and five percent of my time engaged in committee appointments, programmatic review, and supportive professional duties (such as mentoring).

Through clinical teaching and practice, patient education, service, writing and presentations I have sharpened my professional identity as a community educator and teaching physician. In my clinical practice I have successfully engaged many patients through mental health clinics, school setting consultations, family mental health practice, as well as, the nontraditional settings of churches and recreational forums. I currently serve as Medical Director of a community clinic and oversee the care of nearly 300 patients through my hospital and community practices. My mission in practice is to encourage the achievement of optimal mental health even in the face of mental illness.

Concurrent with my clinical practice has been my devotion to teaching. The Community and Culture Course that I run for Second Year Child and Adolescent Psychiatry Fellows is one anchor of my professional achievements in education in training for Harvard Medical School around disadvantaged care. I also run the Introduction to Child Psychiatry Course for rotating 3<sup>rd</sup> year Harvard Medical School students and have received An Excellence in Teaching Award in 2011 related to this course. As well, I conduct a monthly Pediatric Psychiatry Review for public school social workers in my role as school consultant and have appeared on numerous panels,



continuing education forums, and lay speaking engagements as efforts to promote education of mental health.

The hallmark of my work as a physician has been leveraged particularly by my draw to reduction of disparities in mental illness through advancing increased access and successful stakeholder collaborations. In addition to my formal hospital roles, I have also sat on city healthcare boards advised community leaders in my aim to educate about the approach to assessing and delivering mental healthcare that effectively benefits the less advantaged. My efforts to date capture my devotion to this objective, and I look forward to the next years marking my distinction in this work.